

Summer Dance Hours

SILVERADOS

Q: Why are we taking summer dance hours?

A: We are taking summer dance classes in order to prevent our team from become stagnant, consistently improve in our dance ability, stay in shape during the summer, help prevent the possibility of injuries come August (from not dancing for two months), and to learn different styles of dance and teaching methods.

Q: What is required from me?

A: Each dancer is responsible for getting 12 hours of dance technique during the summer before camp starts in August. You will turn in your logged hours the first day of camp. There are many different ways for you to achieve your dance hours, for instance; you could attend a class every week throughout the summer, attend a dance camp, or go to a few workshops. It is up to you and what will work best for your schedule. In addition to classes, I **HIGHLY ENCOURAGE** that you make time to stretch at least 5 days a week, if not every day.

Q: Where do you recommend taking classes?

A: Below you will find a list of different camps, studios, or workshops that I know of. You are NOT limited to the list below.

- Texas State Strutters Dance Intensive (Dates TBD)
- Kilgore Rangerettes Dance Intensive (June 17-19 or June 20-22 or June 24-26)
- Apache Belles Pow Wow Dance Camp (Dates TBD – Possible Virtual Option)
- Dance Intensive with Michelle Leagans - <https://michelleleaganspowerintensives.com/classes/>
- Inspire Dance
- Stone Oak Dance Academy
- NB Dance
- American Dance Company
- Heather Stollés
- Quenedit Ballet School
- Trilogy
- Joni's Dance Studio
- Lone Star Collective Dance

- I want you to hear other dance professionals give you critiques, explain how to perfect a skill, or teach you something new. This will ONLY make you a better dancer.
- All classes need to be documented. If you take an online class you need to record yourself doing the combination at the end of class and submit the combo. You will submit this on GOOGLE CLASSROOM as well as document it on your paper.
- IF you are taking an actual class, you need to take a picture of yourself at the workshop/class with a date-stamp on it. You will also submit the pictures on GOOGLE CLASSROOM. If you have any questions, please send me an email. The log will be due upon your return to practices on August 3rd.
- During the summer I will not check my email daily, so please give me 3-5 days to respond to you. If you have not gotten a response after that please send me another email. If it were me, I would plan out what/where I wanted to get my dance hours before the summer was over. My email is kayla.speaker@comalisd.org

